



Safety & Environment Moment (S&E Moment)

Script 09 – Occupational Health and Safety & Public Health & Safety

Good morning and welcome to the S&E Moment. We are continuing our episode on Terminologies used in health and Safety Management.

Today, we shall explain and distinguish between Occupational Health and Safety & Public Health & Safety.

Occupation is your profession or simply the work you do. Occupational Health and Safety is, therefore, the Health and Safety risks associated with your occupation. These risks are often specific and unique to your occupation. The health and safety risks of a driver who sits behind the wheels all day driving is different from a welder welding in a fitting shop. Similarly, the health and safety risks of a scaffolder at a construction site are different from a footballer who plays football on a field. So, the moment you hear Occupational Health and Safety, please know that we are talking about work related health and safety risks.

Public Health and Safety on the other hand tends to affect the general public irrespective of your occupation or job. Road Safety is an example of a public safety issue. Another example is the Coronavirus Pandemic which is a public health issue and you could contract it whether you are doctor, teacher, farmer, painter, pilot, journalist etc.

I hope you now know the distinction between Occupational Health and Safety & Public Health & Safety.

Now that you know that the Coronavirus Pandemic is a public health issue:

- Always wear nose/face masks
- Wash your hands with soap under running water
- Keep the social distance of 2 meters between yourself and the next person even as you exercise with your family or friends
- Use alcohol-based hand sanitizers at all times particularly after handling money
- Avoid touching your face with your hands as much as possible
- Avoid hand shakes

Please visit the Ghana Health Service COVID-19 website for further information and updates on ways to prevent the spread of the disease.

You know what to do if you want to contact us:

Toll Free 0800 299 299

Landline 0303 302 512

Mobile number 0207 319 653 if you want to send a text message or WhatsApp to ask a question or share an experience

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Enjoy a blessed day and remain safe, bye.